V-DERM CREAM

Clobetasol Propionate 0.05% w/w
Super-high potency topical corticosteroid
10 g tube | For external use only

DOSAGE AND ADMINISTRATION

Apply a thin layer to the affected skin **twice daily** and rub gently, or as prescribed. Stop once control is achieved. Treatment generally should not exceed **2 consecutive weeks**; do not exceed **50 g per week**. If no improvement occurs within 2 weeks, reassess the diagnosis. Do not continue or restart without medical advice.

PAEDIATRIC USE

Use in children under 12 years is generally not recommended for conventional 0.05% clobetasol cream. Children have a higher risk of systemic absorption and HPA-axis suppression. Use only on specialist advice.

DRUG INTERACTIONS

Clinically important interactions are uncommon with limited topical use. Concurrent corticosteroids or medicines affecting steroid metabolism may increase systemic adverse effects when absorption is significant. Tell the clinician about all topical and systemic medicines.

MANUFACTURED BY

Vega Pharmaceuticals (Pvt.) Ltd.

COMPOSITION

Each 1 g of cream contains Clobetasol Propionate 0.5 mg (0.05% w/w), in a suitable cream base. Excipients are according to the approved formulation.

METHOD OF USE

Clean and dry affected skin before applying a small amount. Wash hands after use unless treating the hands. Avoid the eyes, mouth and other mucous membranes. Do not cover with airtight dressings unless specifically directed. Do not apply to extensive areas without medical supervision.

LOCAL PRECAUTIONS

Avoid application to face, eyelids, groin and axillae unless a specialist specifically directs otherwise. Not intended for rosacea, acne or perioral dermatitis. Avoid use on areas of skin atrophy. Prolonged treatment may cause thinning of skin, stretch marks or visible small blood vessels.

OVERDOSAGE

Excessive or prolonged application can cause systemic glucocorticoid effects and adrenal suppression. Seek medical advice if excessive use is suspected. Abrupt discontinuation after prolonged high exposure may require clinical supervision.

DESCRIPTION AND PHARMACOLOGY

Clobetasol propionate is a very potent topical corticosteroid with anti-inflammatory, antipruritic and vasoconstrictive effects. It reduces corticosteroid-responsive skin inflammation and itching. Systemic absorption can occur, particularly over large areas or under occlusion.

CONTRAINDICATIONS

Do not use in patients with known hypersensitivity to clobetasol propionate or any component of the cream. Avoid use on untreated bacterial, fungal or viral skin infections unless appropriate treatment is instituted.

INFECTIONS AND EYE RISKS

Topical corticosteroids can mask or worsen infections. If irritation, sensitisation or infection develops, stop and seek clinical review. Avoid contact with eyes; ocular exposure and prolonged use near the eyes may contribute to glaucoma or cataract.

ADVERSE REACTIONS

Burning, stinging, itching, irritation, dryness, redness, folliculitis, acneiform eruptions and allergic contact dermatitis may occur. With excessive or prolonged use: skin atrophy, striae, telangiectasia, pigment changes, secondary infection and systemic corticosteroid effects.

PRESENTATION

V-Derm Cream 0.05% w/w: 10 g tube.

INDICATIONS

Short-term relief of inflammatory and pruritic manifestations of corticosteroid-responsive dermatoses, including certain severe eczema and psoriasis presentations, when a very potent topical corticosteroid is appropriate. Use only for a clinician-diagnosed condition.

IMPORTANT WARNINGS

Very potent steroid: prolonged use, excessive quantities, large treated areas, damaged skin or occlusive dressings increase the risk of systemic corticosteroid effects, including hypothalamic-pituitary-adrenal (HPA) axis suppression, Cushingoid features and elevated blood glucose. Use the lowest effective amount for the shortest duration.

PREGNANCY AND LACTATION

Use during pregnancy only if the expected benefit justifies potential risk; avoid large quantities, prolonged use or extensive treatment. During breastfeeding, use the smallest effective amount; do not apply to the breast before feeding and avoid infant contact with treated skin.

STORAGE

Store according to the locally approved V-Derm label. Keep container tightly closed, away from excessive heat, and out of reach of children. Do not use after expiry. Do not freeze unless product-specific information permits.