NESTACOMB CREAM & OINTMENT

(Triamcinolone Acetonide + Neomycin + Gramicidin + Nystatin)

COMPOSITION

Each 1 g contains:
Triamcinolone acetonide 1.0 mg
Neomycin 2.5 mg
Gramicidin 0.25 mg
Nystatin 100,000 units.
Cream or ointment base q.s.

DESCRIPTION

Nestacomb combines a topical corticosteroid, two antibacterial agents and an antifungal agent for application to the skin. It is supplied as a cream and an ointment.

CLINICAL PHARMACOLOGY

Triamcinolone acetonide reduces inflammation, redness and itching. Neomycin and gramicidin inhibit susceptible bacteria. Nystatin acts against susceptible yeasts, particularly Candida species. Local effects depend on the susceptibility of organisms and the formulation.

INDICATIONS

For inflammatory, corticosteroid-responsive dermatoses complicated by, or at risk of, infection with organisms susceptible to the antibacterial and antifungal ingredients, when combination treatment is appropriate and prescribed.

DOSAGE AND ADMINISTRATION

For external skin use only. Apply a thin layer to the affected area 2-3 times daily, or as directed by the physician. Use the smallest effective amount for the shortest appropriate period. Wash hands before and after use unless hands are being treated.

Avoid eyes, mouth and other mucous membranes. Do not use under occlusive dressings unless specifically directed. If no improvement is seen within about 7 days, reassess diagnosis and treatment.

CONTRAINDICATIONS

Known hypersensitivity to any active ingredient or formulation component, including aminoglycoside antibiotics. Not for ophthalmic use. Avoid use for untreated viral skin infections (including herpes simplex and varicella), cutaneous tuberculosis, and infections not susceptible to the antimicrobial components. Not for acne, rosacea or perioral dermatitis.

WARNINGS AND PRECAUTIONS

Discontinue if marked irritation or sensitization develops. Prolonged antibiotic use can promote resistant organisms or superinfection. Topical steroids may mask infection and worsen some skin disorders.

Avoid large areas, extensive damaged skin and prolonged courses: neomycin absorption may cause kidney or hearing toxicity; systemic absorption of corticosteroids may suppress adrenal function. Use extra care in renal impairment or pre-existing hearing problems.

Children and older adults may be more vulnerable to corticosteroid adverse effects. Avoid prolonged use on the face, skin folds and diaper area. Do not apply to open wounds or burns unless expressly prescribed.

DRUG INTERACTIONS

Tell the prescriber about all other topical medicines and systemic corticosteroids or medicines associated with kidney or hearing toxicity. Concurrent skin preparations may increase irritation. Avoid combining topical treatments on the same area unless advised.

PREGNANCY AND LACTATION

Use only if the treating physician determines that benefit outweighs possible risk. Avoid extensive application, prolonged treatment and breast application before nursing. Do not allow infant skin to contact treated sites.

ADVERSE REACTIONS

Local burning, stinging, itching, erythema, dryness, peeling, irritation, rash and allergic contact dermatitis may occur. Neomycin can cause sensitization.

Prolonged or excessive corticosteroid exposure may cause skin thinning, striae, telangiectasia, acneiform eruption, changes in pigmentation, excessive hair growth, delayed wound healing and secondary infection.

Rarely, application over large or damaged surfaces may cause systemic corticosteroid effects (including adrenal suppression) or neomycin-related kidney or hearing toxicity. Seek medical attention for severe allergy, worsening infection, hearing changes or reduced urine output.

OVERDOSAGE

Excessive or prolonged topical use may increase systemic absorption and adverse effects. Stop inappropriate use and obtain medical advice. If accidentally swallowed, seek prompt medical attention. Management is supportive.

SPECIAL POPULATIONS

Children: avoid extensive and prolonged treatment; specialist direction is recommended. Older adults: use cautiously because skin is thinner. Patients with renal impairment: use extra care because neomycin toxicity may occur if absorbed.

EFFECT ON DRIVING

No impairment is expected from properly used topical treatment.

PATIENT COUNSELLING

Use only for the prescribed skin condition. Do not share the medicine. Avoid contact with eyes. Do not cover treated areas with airtight bandages unless directed. Report worsening rash, irritation or failure to improve.

STORAGE CONDITIONS

Store in a cool, dry place, protected from excessive heat and direct sunlight. Follow the temperature stated on the approved carton. Keep the tube tightly closed and out of reach of children. Do not use after the expiry date.

PRESENTATION

Nestacomb Cream: 20 g tube.
Nestacomb Ointment: 20 g tube.

MANUFACTURED BY

Vega Pharmaceuticals (Pvt.) Ltd.