

# Timoprost

(Latanoprost & Timolol Maleate)  
Sterile Ophthalmic Solution

## COMPOSITION

Each ml contains:  
**Latanoprost** ..... .50mcg.  
**Timolol (as Maleate)** ..... 5mg.  
(Vega specs.)

Preservative: Benzalkonium chloride.

## 1. WHAT IS TIMOPROST AND WHAT IS IT USED FOR

What is Timoprost

Timoprost eye drops are a combination of two different drugs that both reduce the pressure in the eye, though they have different mechanisms of action. Timolol is a beta-blocker that reduces the pressure in the eye by limiting the amount of fluid entering the eye. Latanoprost reduces the pressure in the eye by increasing the natural flow of fluid from the eye to the blood stream.

### What is Timoprost used for?

Timoprost is used to reduce eye pressure in eyes with high eye pressure and/or eyes with open-angle glaucoma.

## 2. WHAT YOU SHOULD KNOW BEFORE USING TIMOPROST

### Do not use Timoprost

- If you suffer from a disorder of the airways such as asthma or if you have a history of asthma, or breathing difficulties due to other disorders.
- If you suffer from a heart disorder, such as heart failure or heart rhythm disorders.
- If you are allergic to one of the ingredients of Timoprost.

Consult your doctor if you feel uncertain whether any of these items applies to you.

### Be very careful with Timoprost:

If you suffer from diabetes, low blood sugar levels (hypoglycemia) or an overactive thyroid gland (hyperthyroidism) or did so in the past, you should alert your doctor. Notify your doctor also if you suffer from asthma, low blood pressure, severe vascular disorders or a severe heart disease or if you did so in the past. Patients in whom the coloured part of the eye (the iris) is a mixture of colours, such as blue-grey, green or brown, green-brown or yellow-brown may notice a slow but increasing brown discoloration of the iris. This change in colour is rare in patients with completely blue, grey, green or brown eyes. If only one of your eyes is treated with Timoprost this may result in two differently colored eyes. The change in colour is harmless, but will probably be permanent. If your irises are a colour mixture or if you notice an increasing brown colour, consult your doctor.

The preserving agent benzalkonium chloride can cause irritation of the eye and discoloration of soft contact lenses. If you wear contact lenses, it is important to remove them before using Timoprost and wait 15 minutes before replacing them. Timoprost is not indicated in children and adolescents.

### Combining Timoprost with food and drink

Not applicable

### Pregnancy

Inform your doctor if you are pregnant or are planning to become pregnant Timoprost should not be used during pregnancy.

### Breast-feeding

Timoprost should not be used if you are breast-feeding.

### Ability to drive and to operate machinery:

Possible undesired effects of Timoprost such as disturbed vision, may affect the ability to drive and/or operate machinery. If you experience problems, seek your doctor's advice.

### Important information about some ingredients of Timoprost

The preserving agent benzalkonium chloride may cause irritation of the eye and discoloration of soft contact lenses. If you wear contact lenses, it is important to remove them before using Timoprost and to wait 15 minutes before replacing them.

### Combining Timoprost with the use of other medicines:

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The effect of the treatment can be influenced when Timoprost is used in combination with other medicines. Inform your doctor if you are taking other medicines, including eye drops or are planning to do so. The same applies to medicines available without prescription.

It is important for your doctor to know if you are currently receiving treatment with medicines to reduce your blood pressure, medicines for your heart, medicines to facilitate urination or to relieve intestinal problems, medicines to counteract nasal congestion (phenyl propanolamine), medicines for diabetes and/or medicines for asthma that contains adrenaline.

Seek the advice of your doctor or pharmacist if you do not know for sure if you are taking one of these medicines.

## 3. HOW TO USE TIMOPROST:

### How and when should Timoprost be used?

The usual dose is 1 drop in the affected eye (eyes) once a day or as directed by the physician.

### What to do when too much Timoprost has been used:

Consult your doctor or pharmacist if you have accidentally used too much Timoprost.

### What to do if you forget to use Timoprost:

If you have forgotten a dose, wait until the next scheduled dose. Do not administer an additional drop.

## 4. POSSIBLE ADVERSE EFFECTS

As with all medicines, Timoprost can cause adverse effect. A brown discoloration of the iris in patients with green-brown, yellow-brown and blue-grey-brown eyes is common. This change in colour is rare in patients with completely blue, grey, green or brown eyes.

Other undesired effect are described below:

- Eye disorders: darker, thicker and longer eyelashes, eye irritation with tingling, burning and itchy feeling, disturbed vision, inflammation of the eye, inflammation of the eyelid ridges, diplopia, disorders of and decreased sensitivity of the cornea, drooping of the eyelid, dry eyes.
- General: fatigue, headache, chest pain, tinnitus, general body weakness.
- Disorders of the heart and blood vessels: slower heart rate, unconsciousness, very low blood pressure, palpitation, heart rhythm disorders, heart failure, sudden disturbance of the blood circulation in the brain, fluid retention, limping, cold hands and feet, dead fingers or toes.
- Disorders of the nervous system: depression, dizziness, nightmares, exacerbation of myasthenia gravis (general muscle weakness), sleeplessness, loss of memory, tingling.
- Disorders of the digestive system: nausea, diarrhoea, disturbed digestion, dry mouth.
- Disorders of the respiratory system: asthma, exacerbations of asthma, shortness of breath, bronchospasm and cough.
- Disorders of the skin and hair: rash, nettle rash, loss of hair, darkening of the eyelids, aggravation of psoriasis or psoriasis-like rash.
- Immunological disorders: systemic lupus erythematoses.
- Allergy: signs and symptoms of allergic reactions, nettle rash, local and generalised rash
- Disorders of the sex organs: decreased libido, development of lumps in the penis and changes in the straight shape of the penis (peyronie's disease).

If you experience other undesired effects, not mentioned in the list above, after the administration of this medicine, you should notify your doctor or pharmacist.

## 5. STORAGE AND INSTRUCTIONS:

Keep out of the reach and sight of children.

Prior to its first opening, Timoprost should be stored in the refrigerator (2-8°C)

Once opened, Timoprost can be kept for up to 4 weeks below 25°C)

Used within 4 weeks after first opening the bottle.

Protect from heat and sunlight.

Timoprost cannot be used after the expiry date.

خوراک: ڈاکٹر کی ہدایت کے مطابق استعمال کریں۔

2 سے 38 ڈگری سینٹی گریڈ پر رکھیں۔

25 ڈگری سینٹی گریڈ سے کم درجہ حرارت پر رکھ سکتے ہیں۔

گرمی اور دھوپ سے بچائیں۔ تمام ادویات بچوں کی پہنچ سے دور رکھیں۔

بہلی دافعہ بوتل کھولنے کے بعد دو اوپاریشنوں تک استعمال کیا جا سکتا ہے۔



Manufactured by:

**Vega Pharmaceuticals (Pvt.) Ltd.**

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